


Lord you examine me
and you know me . . .
You created
my inmost self . . .
A wonder am I
and all your works
are wonders . . .
You knew me
through and through,
my being
held no secrets
from you

Psalm 139: 1,13,14,15



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You looked with love on me and,
deep within,
your eye imprinted grace;
this mercy set me free,
held in your love's embrace,
to lift my eyes,
adoring,
to your face

St John of the Cross
Spiritual Canticle stanza 32

God does not simply look at the
beautiful; his look makes a person
beautiful Iain Matthew *Impact of God*



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